Improving the Quality of Life for Your CML Patients:
A Patient Survey Analysis
The survey was conducted in collaboration with the French CML Patient Association (LMC France) in Nov 2013. The survey was run to better understand the patient’s perception of their BCR-ABL monitoring, in particular in relation to the time it takes for them to receive their results and the impact this has on their lives.

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**PATIENT’S SURVEY DISTRIBUTION**

138 patients completed the survey, the demographics gave a good spread across the population in terms of length of time under a monitoring service.

**DELIVERING RAPID AND MEANINGFUL RESULTS**

**Q:** According to you, what is the maximum acceptable time from blood sampling to BCR-ABL result?

Currently only 32% of patients receive their results within 15 days or less, while 62% declare 15 days or less as the maximum acceptable time to result.

**Q:** How do you receive your results vs how would you like receive them?

Only 7% of patients currently receive their results by email while 33% would prefer email over any other form of communication.

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Follow up visit
Email
Phone
SMS
Post
Other

Current Method

24% 21% 16% 7% 51%

Preferred Method

29% 4% 4% 23% 33% 5%
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MANAGING PATIENT ANXIETY AND EXPECTATIONS DURING THE FIRST 18 MONTHS OF TREATMENT

Q: How would you qualify the time while waiting for your BCR-ABL monitoring results?

LENGTHY

50% of newly treated patients qualify it as lengthy

30% of patients under long term monitoring qualify it as lengthy

Q: How would you qualify your life while waiting for the results?

ABNORMAL

61% of newly treated patients qualify it as abnormal

28% of patients under long term monitoring qualify it as abnormal

Q: How would you qualify your need to know the results?

CAN’T WAIT

51% of newly treated patients can’t wait for their results

27% of patients under long term monitoring can’t wait for their results

There is a strong correlation between the length of treatment and the anxiety level induced by the waiting time to results in the newly diagnosed patient group.
A PATIENT FOCUSED BCR-ABL MONITORING

Q: Would you like to receive your results in 48h?
78% of patients answered YES

Fact: Today, 91% of the patients experience time to result longer than 2 days for their BCR-ABL results when the most rapid labs provide BCR-ABL measurements on the IS* scale in less than 2 hours from receipt of the sample.

Q: How could the current situation be improved for you?
Getting a copy of the report
Receive the results faster
More comprehensive explanation of the results
Receive results automatically
Getting a graphical report with history

KEY OUTCOME

There is a strong demand from patients to receive results faster (<15 days) proactively.

According to the patient, faster results would reduce their anxiety, improve the ownership of their disease and significantly improve their quality of life.

ABOUT CEPHEID

Xpert® BCR-ABL Monitor
Simplified, standardized, rapid testing for improved CML patient management.

Cepheid’s 95 minute fully automated BCR-ABL monitoring solution improves patient management in laboratories around the world, delivering for everyone, the same accurate, reproducible and standardised results on the International Scale*, enabling clinicians to manage their patients with the best standard of care in a timely manner.

The data presented in this document is extracted from an internet survey conducted by Cepheid for the French CML Patient association (LMC France) in Nov 2013. www.lmc-france.org